

Registered Yoga School for Pregnancy Yoga Application Form

Use this application if you are applying for your training course to be accredited by Yoga Alliance UK

Please carefully read all parts of this application before completing and returning together with all relevant supporting documentation (refer to checklist) to:

YOGA ALLIANCE UK, 25 RODNEY STREET, EDINBURGH EH7 4EL

Applicant's full name (this is the course director)

Applicant's telephone number and email

Training Course Trading Name

Training Course Website

Are you currently running Training Courses?

Yes

No

If yes, since when?

If no, when do you plan to start training?

Are you an existing Registered Senior Yoga Teacher?

Yes

No

If yes please provide your membership number

If no, please register as an SYT and include with application

Have you completed and enclosed everything on the checklist

Yes

No

LEGAL AGREEMENT: I understand that, IF APPROVED, I will be granted by Yoga Alliance UK for one year the limited non-exclusive use of a level-specific registration mark and the initials "PRYS" (Pregnancy Registered Yoga School) after my name (together referred to as "Registry Mark"), which indicates to the public that I meet the Yoga Alliance UK Registered Yoga School minimum standards. Yoga Alliance UK retains the right to review my credentials at any time. Yoga Alliance UK may revoke my right to use the Registry Mark for cause, including failure to uphold the standards set forth in the Yoga Alliance UK Code of Practice. By my signature below, I represent that I meet the minimum educational and experience requirements of the RYS level for which I am applying. All information I have provided in connection with this application is true to the best of my knowledge. I hereby agree to meet the conditions set forth above for use of the Registry Mark and to be listed as a Pregnancy Registered Yoga School. I understand that falsifying information in connection with this application will result in revocation of these privileges. I agree to meet all conditions imposed by Yoga Alliance UK in order to maintain these privileges.

In signing this I agree to uphold the terms and conditions as defined in the application process.

SIGNATURE

DATE

RYS for Pregnancy – Minimum Standards

Below is a grid showing the minimum contact hours for each stated category. Please print a copy of this table and fill in any additional relevant information. Please also tick the box to confirm you comply with the minimum standards

TOPIC	NON CONTACT HOURS	CONTACT HOURS	NOTES
Teaching techniques		35	Practice and teaching skills including safe modifications
Teaching Methodology		10	
Anatomy and Physiology	5	10	Changes during pregnancy and possible complications
Practical experience and observation	20		Includes 10 hours in the presence of a SYT
Sub Totals	25	55	
TOTAL HOURS 80			

Please download this table and insert your course hours in the blank areas within each topic. The hours provided are a guideline, and some flexibility is permitted.

I confirm that my training course meets the above standards

Application Checklist for Pregnancy Yoga

Please include all of the items requested below with your application.

- Proof of SYT status or SYT application
- Standards Table for RYS Pregnancy
- A course summary with each module clearly defined by its contents and aims
- A current reading list
- A copy of your assessment criteria and procedures
- A copy of your grievance procedure
- A copy of your Code of Conduct
- A copy of your Training Course Liability Cover
- A copy of your Training Course Liability Release Form
- Your payment form

Terms and Conditions for becoming a Yoga Alliance UK Registered Yoga School (Pregnancy Yoga)

Course Assessment Procedure

Your training course must have a clear assessment procedure. According to the assessment process, a student may pass or have their certification deferred until the assessor feels the student has met the required standards. The standards for each teaching module must be clearly defined and made transparent to the students at all times. Students should be made aware of any areas where they have failed to meet the standards at the end of each module. All students must be provided with an Assessment grid after each module, which clearly shows whether they have met the assessment criteria in each area.

Support for Students Who Fail to Meet the Assessment Standards

Your training course must have the facility to provide support to enable students to reach the required standards if they so desire. Support may include, but is not restricted to, 'mentoring' by senior teachers, Continuing Professional Development training modules and workshops.

Grievance Procedure

Your training course must include a written grievance procedure made available to all students.

Teacher Manual

Your training course must have a well laid out Teaching Manual, used by the course tutors, which has the aims and content of each module clearly defined along with assessment criteria.

Student Manual

Your training course must have a well laid out Student Manual, which clearly presents all relevant information for the course.

Course Content Guidelines

Your training course must comply with the appropriate Training Table, which outlines the minimum hours required to meet the Yoga Alliance UK Certification standards. Please note that the course requires minimum contact hours, therefore we are unable to accept applications from Correspondence Courses.

Training Course Liability Cover

Your training course must be covered by Public Liability Insurance of at least £1,000,000.00.

Liability Release Form

All trainee teachers on your training course must first complete a Liability Release Form excluding the venue, course and tutors from any personal liability for loss, damage or injury.

Yoga Alliance UK

SETTING STANDARDS FOR YOGA IN THE UK 

SCHEDULE OF FEES

CATEGORY	FIRST YEAR MEMBERSHIP PAYMENT		RENEWAL
	Trained with a Yoga Alliance UK Registered School	Trained with a Non-Registered Yoga Alliance UK School	
RYT 200	£80	£110	£65
RYT 500	£85	£110	£65
SYT	£95	£110	£65
RYS 200	£250	£250	£150
Add Children's Yoga Teacher Training	+ £50	+ £50	+ £50
Add Pregnancy Yoga Teacher Training	+ £50	+ £50	+ £50
RYS 500	£390	£390	£250
Includes Children's Yoga and Pregnancy Yoga			
RYS Children only	£150	£150	£150
RYS Pregnancy only	£150	£150	£150
RYS Children and Pregnancy	£250	£250	£200

Please fill out your details below.

Yoga Alliance UK

SETTING STANDARDS FOR YOGA IN THE UK 

PAYMENT FORM

Full Name: _____

Address: _____

City: _____ Post Code: _____

Tel: _____ Email: _____

Cheque * (cheque number): _____ Credit / Debit Card BACS

* cheques should be crossed and made payable to Yoga Alliance UK

If paying by BACS:

Union Yoga Teacher Training

HSBC, 76 Hanover Street, Edinburgh EH7 4EL Sort code: 40 20 44 Account Number: 81813145

Amount: _____

Credit / Debit Card Number: _____

Start Date: _____ Expiry Date: _____

Issue No.: _____ CCV: _____

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